

EATING Can be Hazardous



to Your Health!



INTRODUCTION:

A number of food products found on our supermarket shelves have these words stamped on them: *“USE OF THIS PRODUCT MAY BE HAZARDOUS TO YOUR HEALTH”*

One finds upon closer examination of the product why it is hazardous to their health. Eating can be traced all the way back to the Book of Beginnings, the Book of Genesis, where we find ADAM and EVE in the Garden of Eden reaching out to eat something that was stamped *“FORBIDDEN.”* It proved to be hazardous to their health and to ours. Someone aptly put it this way, *“Eve ate Adam out of house and home.”* There are many dangers in eating, one of which is overeating, for which someone said, *“Overeating can cause you to live beyond your SEAMS.”* Note as I make some running comments on the following verses in Proverbs, our Book of detached sayings, on just a few verses with the word EAT or EATING in them.

1. 4:17 *“For they eat the bread of wickedness, and drink the wine of violence.”*
- Many murderous deeds have been discussed and planned while feasting at a sumptuous feast.
2. 13:2 *“A man shall eat good by the fruit of his mouth: but the soul of the transgressors shall eat violence.”*
- Right words can be a blessing. Wrong words can be a person’s undoing.
3. 24:13 *“My son, eat thou honey, because it is good; and the honeycomb, which is sweet to thy taste.”*
- Feast on the honey of GOD’S WORD, it is good for you.
4. 30:17 *“The eye that mocketh at his father, and despiseth to obey his mother, the ravens of the valley shall pick it out, and the young eagles shall eat it.”*
- God is highly displeased with those who turn against their mother or father.
5. 31:27 *“She looketh well to the ways of her household, and eateth not the bread of idleness.”*
- God commends the housewife who is diligent in her duties at home in making it truly more than a house, she makes it a home.

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